

## Pricing

### Fascial Stretch Therapy (FST)

Single Session	4 Session Package *45 days	8 Session Package *90 days	12 Session Package *120 days
\$120	<del>\$480</del> <b>\$435</b>	<del>\$960</del> <b>\$820</b>	<del>\$1440</del> <b>\$1,200</b>

### Performance & Personal Training (PRIVATE SESSION)

Single Session	6 Session Package *35 days	12 Session Package *70 days	18 Session Package *100 days
\$120	<del>\$720</del> <b>\$660</b>	<del>\$1440</del> <b>\$1290</b>	<del>\$2160</del> <b>\$1880</b>

### Performance & Personal Training (Group of 2 to 6 PRICES APPLY TO EACH INDIVIDUAL)

	Single Session	6 Session Package *35 days	12 Session Package *70 days	18 Session Package *100 days
Group of 2	\$65	<del>\$390</del> <b>\$345</b>	<del>\$780</del> <b>\$660</b>	<del>\$1170</del> <b>\$945</b>
Group of 3	\$45	<del>\$270</del> <b>\$230</b>	<del>\$540</del> <b>\$435</b>	<del>\$810</del> <b>\$630</b>
Group of 4, 5	\$35, \$30	N/A	N/A	N/A

Larger groups or teams please call or e-mail about pricing

### IMPORTANT INFORMATION

- 1. 24 hour cancellation policy for all booked services in event of no show full price will be charged**
  - 2. Please fill out whichever applies Training, FST, Athletic Therapy waiver before first session**
  - 3. Payment plans available, please ask**
- \* All packages are non-refundable and valid from date of purchase (see above)**

### Sports Medicine - Athletic Therapy & Rehabilitation

Evaluation/Examination Chronic Injury (pain, weakness, inability lasting more than 6 weeks)		\$75
Evaluation/Examination Acute Injury (new or recent)		\$50
Rehabilitation/Treatment	per 30 min session	\$40
Manual Therapy	per 15 min.	\$35
Neuro-Muscular Restoration	per 15 min.	\$35
Gait Training	per 15 min.	\$35
Home Exercise Program		\$65
Health and Well-being	per 30 min. session	\$50
Emergency Musculoskeletal Injury Evaluation		\$125