

## Pricing

### Fascial Stretch Therapy (FST)

Single Session	4 Session Package *45 days	8 Session Package *90 days	12 Session Package *120 days
\$125	<del>\$500</del> <b>445</b>	<del>\$1,000</del> <b>\$875</b>	<del>\$1,500</del> <b>\$1,315</b>

### Performance & Personal Training (PRIVATE SESSION)

Single Session	6 Session Package *35 days	12 Session Package *70 days	18 Session Package *100 days
\$125	<del>\$750</del> <b>\$675</b>	<del>\$1,500</del> <b>\$1,315</b>	<del>\$2,250</del> <b>\$1,980</b>

### Performance & Personal Training (Group of 2 to 6 PRICES APPLY TO EACH INDIVIDUAL)

	Single Session	6 Session Package *35 days	12 Session Package *70 days	18 Session Package *100 days
Group of 2	\$65	<del>\$390</del> <b>\$345</b>	<del>\$780</del> <b>\$660</b>	<del>\$1170</del> <b>\$945</b>
Group of 3	\$45	<del>\$270</del> <b>\$230</b>	<del>\$540</del> <b>\$435</b>	<del>\$810</del> <b>\$630</b>
Group of 4, 5, 6	\$35	N/A	N/A	N/A

Larger groups or teams please call or e-mail about pricing

### IMPORTANT INFORMATION

- 1. 24 hour cancellation policy for all booked services in event of no show full price will be charged**
  - 2. Each training or FST session is 55 to 65 min**
  - 3. Please fill out applicable waiver prior to first session**
- \* All packages are non-refundable and valid from date of purchase (see above)**

### Sports Medicine - Athletic Therapy & Rehabilitation

Evaluation/Examination Chronic Injury (pain, weakness, inability lasting more than 6 weeks)	\$75
Evaluation/Examination Acute Injury (new or recent)	\$50
Rehabilitation/Treatment per 30 min session	\$45
Rehabilitation + Home Exercise Program dependent on rehab program purchased	TBD
Manual Therapy per 15 min.	\$35
Gait Training per 30 min.	\$70
Home Exercise Program	\$65
Health and Well-being per 30 min. session	\$50
Emergency Evaluation Outside Business Hours	\$125