

## Pricing

### Fascial Stretch Therapy (FST)

Single Session	4 Session Package *45 days
\$125	<del>\$500</del> \$455

### Performance & Personal Training (PRIVATE SESSION)

Single Session	6 Session Package *35 days	12 Session Package *70 days	18 Session Package *100 days
\$125	<del>\$750</del> \$705	<del>\$1,500</del> \$1,365	<del>\$2,250</del> \$1,980

### Performance & Personal Training (Group of 2 to 6 PRICES APPLY TO EACH INDIVIDUAL)

	Single Session	6 Session Package *35 days	12 Session Package *70 days	18 Session Package *100 days
Group of 2	\$65/person	<del>\$390</del> \$345	<del>\$780</del> \$660	<del>\$1170</del> \$945
Group of 3	\$45/person	---	---	---
Group of 4,5 MAX.	\$40/person	---	---	---

Larger groups or teams please call or e-mail about pricing

### IMPORTANT INFORMATION

- 1. 24 hour cancellation policy for all booked services in event of no show full price will be charged**
  - 2. Each training or FST session is 55 to 65 min**
  - 3. Please fill out applicable waiver prior to first session**
- \* All packages are non-refundable, valid from date of purchase for a set amount of days (see above)**

### Sports Medicine - Athletic Therapy & Rehabilitation

Evaluation/Examination		
Chronic Injury (pain, weakness, inability lasting more than 6 weeks)		\$75
Evaluation/Examination		
Acute Injury (new or recent)		\$50
Rehabilitation/Treatment	per 30 min session	\$45
Rehabilitation + Home Exercise Program	dependent on rehab program purchased	TBD
Manual Therapy	per 15 min.	\$35
Gait Training	per 30 min.	\$70
Home Exercise Program		\$65
Health and Well-being	per 30 min. session	\$50
Emergency Evaluation Outside Business Hours		\$125